



# *PARK GROVE SCHOOL POLICY*

## *Personal, Social and Health Education*

### **INTRODUCTION**

This policy reflects national aims and requirements for our children.

Park Grove Primary School's ethos promotes

- Fun
- Creativity
- Individuality
- Inclusion
- Excellence

SEAL (Social, Emotional Aspects of Learning) is a structured whole curriculum framework for developing children's social, emotional and behavioural skills. Such an approach makes a significant contribution to the whole school.

### **AIM**

Social, emotional and behaviour skills underlie almost every aspect of school, home and community life. Where children have good skills in these areas and are educated within an environment supportive to emotional health and wellbeing, they will be motivated and equipped to:

- be effective and successful learners;
- make and sustain friendships;
- deal with and resolve conflict effectively and fairly;
- manage strong feelings such as anger, frustration, and anxiety;
- work and play cooperatively;
- compete fairly and win and lose with dignity and respect for competitors;
- recognise and stand up for their rights and the rights of others;
- understand and value the differences and commonalities between people, and respecting the right of others to have different beliefs and values that are different from their own;
- develop their resilience in order to recognise and manage risk and make safe choices.

Our aim at Park Grove School is to promote children's personal and social development, including fundamental British values. We hope carrying out PSHE will enable our pupils to become responsible, independent and healthy members of society.

We encourage children to play a positive role in contributing to school life and the wider community; in doing so, we help develop their sense of self-worth.

We have a weekly 'Good Work' assembly, and children are recognised for their acts of kindness on the 'Tree of Kindness'.

### **OBJECTIVES**

- To promote pupils' moral, social and cultural development and to prepare them for the opportunities, responsibilities and experiences of life.

- To recognise when pressure from others threatens their personal safety and wellbeing and know how to seek help.
- To provide opportunities for all pupils to learn and achieve whilst being an active partner in their own learning.

## **GENERAL CONTEXT**

The Primary National Strategy for PSHE uses the SEAL program of themes.

We use a pre-planned format which covers seven themes.

All weekly lessons within each theme have objectives for children to achieve.

The themes of SEAL

Theme 1 - New Beginnings

Theme 2 - Getting on and Falling out

Theme 3 - Going for Goal

Theme 4 - Good to be me

Theme 5 - Relationships

Theme 6 - Changes

Theme 7 - Bullying

SEAL considers five broad social and emotional aspects of learning:

- self-awareness to develop self-confidence and own self-esteem to enable children to make decisions
- managing feelings
- motivation
- empathy for others-relationships with others
- developing their social skills

SILVER SEAL is a small group intervention that recognises that some children will need additional support developing their social, emotional and behavioural skills. We also have ELSA's in school if children need further support with their social, emotional and behavioural skills.

Active teaching and learning approaches include Circle time, group discussions, role play, games, peer- evaluation and structured group work.

The same SEAL theme will be taught in the same term in each year group, each theme begins with a Key Stage assembly story.

Resources

- National Strategy SEAL books to cover each theme for each Year group.
- Feelings photographs
- Assembly stories for each theme

- Story books
- City of York Circle Time activities- Key stage1

## **CONFIDENTIALITY STRATEGIES**

Where the teaching and learning includes issues, that may be sensitive, staff and pupils will work within clearly understood and applied ground rules in line with school's Child protection and Safeguarding policy.

If a child discloses information which suggests that they could be at risk then absolute confidentiality cannot be guaranteed. Pupils should be reminded of this when appropriate. Any disclosure should be reported to the Head teacher.

## **MONITORING**

This Policy will be reviewed each year by the Subject co-ordinator.

This will involve the evaluation of teaching and learning activities and current learning resources.

## **EVALUATION**

Evaluation of children's progress.

Evaluation tools to include recording discussion feedback (Circle time), photographic evidence and written work.

End of year Summative Assessment Records to consider each child's attainment and progress.

The same SEAL theme will be linked to other subjects.

There will be no pass or fail in this subject.

Children have the opportunity to reflect on their own learning and experiences and to set personal goals and agree strategies to reach them. The process of their own assessment has a positive impact on their self- awareness and self-esteem.

## **LINKED POLICIES**

- SEND
- Safeguarding
- Behaviour
- Anti-bullying
- Child protection
- Health and safety

REVISED BY: C. Shelton July 2014

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