

**Parenting is a very difficult task.**

**Parenting separately brings its own unique challenges.**

Family Matters York and York Family Mediation Service are offering a FREE 2-session course which explores some of these challenges and how we can do the best for our children.

# **Date: Thursdays 5 & 12 May 2016**

**Time: 7.30 to 9.30pm**

**Venue: Elim Corner, First Floor**

**47-49 Lawrence Street, York YO10 3BU**

**(above the Triumph Motorbike shop)**

The course is free thanks to generous funding from Awards for All which is part of the Big Lottery Fund.

Ex-partners must attend the course separately.

To book a place or for any further information please contact Helen Atkinson on 789214, email [helenatkinson@fmy.org.uk](mailto:helenatkinson@fmy.org.uk) or Catharine Morris on 792151, email [yorkfms@care4free.net](mailto:yorkfms@care4free.net)

Come along and share your ideas with other parents!

