

14th September 2018

Dear Parents/Carers,

Re: YSSN (East) Cross Country Competition

Your son/daughter is invited to take part in the YSSN Cross Country competition on **Wednesday 26**th **September**. Due to the popularity of this competition, we have outgrown the facilities at Huntington School so **this year**, **the event will be held at Askham Bryan College (YO23 3FR)**. **The event will run from 5.15pm to 6.15pm** and will cater for year 1 – 6 in the following races.

5:15pm – 5.25pm year 1 & 2 boys and girls (600 metres) (No county round available and the course will be around an open field where runners can be seen all the way around)

5.25pm – 5.35pm year 3 boys and girls (1200 metres) Runners will run through the wildlife park 5.35pm – 5.45pm year 4 boys and girls (1200 metres) Runners will run through the wildlife park 5.45pm – 5.55pm year 5 boys and girls (1500 metres) Runners will run through the wildlife park and part of the field

5.55pm — 6.15pm year 6 boys and girls (1500 metres) Runners will run through the wildlife park and part of the field

Starting Time: 5:15pm **Finishing Time**: 6.15pm

Depending on the weather, and how quick we turn the races around, we may start earlier than outlined above. Please arrive on site by 5pm regardless of your race time to ensure you do not miss the start.

Askham Bryan have arranged for refreshments (teas and coffees) to be available to purchase during the event. They are also going to bring a selection of wildlife animals for the runners to see while waiting for their race. I would like to extend a big thank you to Askham Bryan for their support with this year's cross country event. They also provide a lot of leaders for all our events and have become a great partner for the network.

This event is: OUTDOOR

GENERAL INFORMATION

- Please ensure your child is accompanied by a responsible adult as there will be no staff from school at the event.
- Please ensure the children bring a drink and any necessary refreshments with them.
- Please ensure children are correctly prepared for the event they are to participate in – i.e. wearing suitable footwear for rough ground and clothing for all weathers!





 Please make sure we treat their facility with respect and make sure you take any litter away with you.

Parking - pick up and drop off

Parking is available on site and will be signposted. Once parked, there will be signposts and volunteers to direct you to the start line. **If the weather is really bad, cars will not be permitted on site before 4:30pm**. In order to use the coach car park in bad weather, we will need to wait for coaches to leave at 4:30pm.

Race details

Many thanks

A student will run at the back of each race to keep an eye on any runners who drop off the pace.

For years 3-6, runners will be running on stone paths as well as grass. Please make sure runners are in trainers and not football boots or spikes.

Please advise your child not to push or rush at the start as there is plenty of time in the long races to move up positions. Please help keep spectators off the course and back from the edge of the finish tunnel as it makes it much easier for the finish line officials.

The finish of all races will involve running across the official race course finish line into a funnel system which will sort them into their finishing order.

At the end of each race, participants can be collected from a holding area by parents or teachers

The top 8 boys and top 8 girls of each race (Years 3-6) will be invited to represent York in the County Cross Country event held in Dalby Forest on 26th March 2019. More details will be provided to the winning pupils on the day.

If you would your son/daughter to take part in this event, please fill in the consent form below and return to your child's class teacher by **Wednesday 19th September 2018**.

Mr. Gardiner w.gardiner@parkgroveprimary.co.uk
Namewill take part in the Cross Country event at Askhan Bryan College on 26 th September 2018 from 5:15pm-6:15pm.

I understand that I need to accompany my child as no member of Park Grove staff will be there.