



# *PARK GROVE PRIMARY ACADEMY*

## *Personal, Social and Health Education*

### **INTRODUCTION**

This policy reflects national aims and requirements for our children.

Park Grove Primary Academy's ethos promotes

- Fun
- Creativity
- Individuality
- Inclusion
- Excellence

SEAL (Social, Emotional Aspects of Learning) is a structured whole curriculum framework for developing children's social, emotional and behavioural skills. Such an approach makes a significant contribution to the whole school.

### **AIM**

Social, emotional and behaviour skills underlie almost every aspect of school, home and community life. Where children have good skills in these areas and are educated within an environment supportive to emotional health and wellbeing, they will be motivated and equipped to:

- be effective and successful learners;
- make and sustain friendships;
- deal with and resolve conflict effectively and fairly;
- manage strong feelings such as anger, frustration, and anxiety;
- work and play cooperatively;
- compete fairly and win and lose with dignity and respect for competitors;
- recognise and stand up for their rights and the rights of others;
- understand and value the differences and commonalities between people, and respecting the right of others to have different beliefs and values that are different from their own;
- develop their resilience in order to recognise and manage risk and make safe choices.

Our aim at Park Grove Primary Academy is to promote children's personal and social development, including fundamental British values. We hope carrying out PSHE will enable our pupils to become responsible, independent and healthy members of society.

We encourage children to play a positive role in contributing to school life and the wider community; in doing so, we help develop their sense of self-worth.

We have a weekly 'Good Work' assembly, and children are recognised for their acts of kindness on the 'Tree of Kindness'.

### **OBJECTIVES**

- To promote pupils' moral, social and cultural development and to prepare them for the opportunities, responsibilities and experiences of life.

- To recognise when pressure from others threatens their personal safety and wellbeing and know how to seek help.
- To provide opportunities for all pupils to learn and achieve whilst being an active partner in their own learning.

## **GENERAL CONTEXT**

Active teaching and learning approaches include circle time, group discussions, role play, games, peer- evaluation and structured group work. PSHE follows the SEAL curriculum which covers the following topics.

Theme 1 - New Beginnings

Theme 2 - Getting on and Falling out

Theme 3 - Going for Goal

Theme 4 - Good to be me

Theme 5 - Relationships

Theme 6 - Changes

Theme 7 – Bullying

Alongside SEAL PSHE is also taught through internet safety lessons; visitors to school; topical class discussions and cross curricular links.

We have emotional literacy support assistants (ELSA) in school if children need further support with their social, emotional and behavioural skills.

## **CONFIDENTIALITY STRATEGIES**

Where the teaching and learning includes issues, that may be sensitive, staff and pupils will work within clearly understood and applied ground rules in line with school's Child protection and Safeguarding policy.

If a child discloses information which suggests that they could be at risk then absolute confidentiality cannot be guaranteed. Pupils should be reminded of this when appropriate. Any disclosure should be reported to the designated safeguarding lead.

## **MONITORING**

This Policy will be reviewed regularly by the Subject co-ordinator.

This will involve the evaluation of teaching and learning activities and current learning resources.

## **EVALUATION**

Evaluation of children's progress.

Evaluation tools to include recording discussion feedback (Circle time), photographic evidence and written work.

The SEAL theme can be linked to other subjects if appropriate.

Children have the opportunity to reflect on their own learning and experiences and to set personal goals and agree strategies to reach them. The process of their own assessment has a positive impact on their self-awareness and self-esteem.

#### **LINKED POLICIES**

- Safeguarding
- Behaviour
- Anti-bullying
- Child protection

DATE: Updated September 2018

NEXT REVIEW: July 2020



