

## High Adventure Medical Consent Form



Name: \_\_\_\_\_

**Details of any illness or disabilities:**

(including asthma, diabetes, migraines, severe period pains, travel sickness etc)

**Details of any allergies or dietary requirements:**

(including vegetarian or vegan diet, nut or dairy produce allergies)

**Details of any medication currently being taken or likely to be needed:**

(including dosage required & frequency of doses – note that any medication must be handed in to the member of staff in charge of Health & Safety)

**Details of any recent contact with infectious or contagious diseases:**

(it will be necessary to inform the member of staff in charge of Health & Safety of any further contact after this form has been handed in)

**Swimming ability:** How far can you/your child swim unassisted?

**Date of last tetanus injection:**

**Next of Kin:**

Name:

Relationship to Student/Young Person:

Address:

Telephone Number:

Mobile Number:

**Emergency Permission:**

I give permission for me/my child to receive emergency treatment from a doctor as considered necessary by the staff in charge of this visit & the medical authorities consulted.

I agree to/my child to take part in the High Adventure programme of activities. I acknowledge the need for good conduct & responsible behaviour on my part/by my child. I declare that I am/my child is in good health & physically able to participate in all the activities. I will ensure that any changes in the circumstances which will effect participation in the visit will be notified to High Adventure prior to the activity. I will ensure that I/my child will attend with clothing suitable for getting dirty & wet & with a complete change of clothing & a towel.

**High Adventure OEC Ltd**, please look at the website for further information at [www.highadventureoec.co.uk](http://www.highadventureoec.co.uk). We place great emphasis on safety throughout our programmes by employing qualified and experienced instructors (to Adventurous Activity Licensing Authority guidelines). However the activities we teach can be hazardous and though levels of risk are reduced to tolerable levels in line with current best practice, participants must accept that risk management in real situations is an inherent part of the educational ethos of the centre. Parents and guardians must also recognise a degree of risk when signing consent forms. It is now law that all providers of Adventure Activities to young people under 18 must be licensed.

Whilst High Adventure is covered by professional indemnity insurance, all participants are responsible for arranging their own insurance (if required) for personal accident, personal possessions and cancellation of courses.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Name (in block capitals):  
(parent or carer)

\_\_\_\_\_