



Park Grove
PRIMARY ACADEMY

11th June 2019

Dear Parents of children in Year 5,

In preparation for the forthcoming visit to High Adventure in September, please could we ask that the following two forms are completed and returned to school by the end of June so we can ensure everything is in place before we break up for summer.

There are two forms to complete, one for our records and one from High Adventure. We apologise for the duplication but these are a legal requirement.

There is also a kit list included with this letter. The children will need many changes of outdoor clothing as the activities can involve getting wet. Light clothing is best as it dries quickly. (Jeans will not be allowed for activities as they can be restrictive and very heavy when wet). Trainers or walking boots are good for walking and old trainers/plimsolls are fine for water activities. There is no need to bring waterproofs or wellies as the centre provides these and we recommend the children use them.

Thank you for your support,

Vicky Hearson

Assistant Headteacher

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KIT LIST

This list represents the kit required for the residential week at High Adventure.

Please label or initial everything – it is surprising what they don't recognise once in a drying room with 30 other sets of clothing! (Initials with a sharpie on a label works well)

Outdoor clothing

Socks – 12 pairs as some activities need 2 pairs which both get wet!)

Underwear – 7 pairs

Light trousers (tracksuit/jogger, not jeans for outdoors) x 5

T shirts x 5

Sweatshirts/jumpers x 2

1 – 2 pairs of outdoor shoes for walking/climbing

1 pair of old trainers for water sports

Gloves and hat

Waterproofs and wellies are provided by the centre

Rucksack – large enough to carry a spare set of clothes/towel and packed lunch

Re-usable drinks bottle

Tupperware box for packed lunch - large

Indoor clothing

Indoor footwear not to be worn outdoors

Comfortable indoor clothes for evenings

Pyjamas/nightwear

Toiletry bag – shampoo, soap, toothpaste & brush

Torch and batteries

Other items

2 towels

Bin bags / carrier bags for wet clothes

Packed lunch for day of arrival

£5 - £10 pocket money in mixed change (tuck shop sells sweets and small souvenirs such as teddies, drinks bottles or bandanas)

Medication (clearly labelled), must be handed to a member of Park Grove staff before leaving school.

No mobile phones/electronic games please.

Please do not send sweets with your child. There is a tuckshop on site.

Further information about High Adventure can be found on their website

<http://highadventureoec.co.uk/>

The address and phone number are: High Adventure Outdoor Education Centre 233
Keighley Road, Cowling, North Yorkshire, BD22 0AA Tel: 01535 630044