



**Park Grove**  
PRIMARY ACADEMY

18<sup>th</sup> September 2019

Dear Parent/Carer,

At Park Grove Primary Academy we support a York based project called The Red Box Project. The aim of the project is to provide schools in York with a red box of sanitary products should girls need them in school or need their sanitary products providing for them. The box is kept stocked through donations from York companies and is organised by the project.

Our box is situated in the toilets used by the year 5 and 6 girls and we like to have a lesson for these girls to cover the basics of periods. This year, the lesson will be on Wednesday 2<sup>nd</sup> October 2019 and will be a 'refresher' for year 6 and an introduction for year 5. We use age appropriate materials in an informal lesson and will only discuss periods rather than the full puberty talk which will happen in the summer term. We would like the girls to understand periods and know how to manage and find support should they need to at school.

If you have any questions, concerns or do not want your child to be present in the lesson, please do not hesitate to contact us.

Thank you for your support.

Kind regards,

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