



**Park Grove**  
PRIMARY ACADEMY

22<sup>nd</sup> September 2020

Dear parents/carers,

In Year 5 and 6, we like to have a lesson for the girls to cover the basics of periods. This year, the lesson will be on Tuesday 6<sup>th</sup> October and will be a 'refresher' for Year 6 and an introduction for Year 5. We use age appropriate materials in an informal lesson and will only discuss periods. We would like the girls to understand periods and know how to manage and find support should they need to at school.

If you have any questions, concerns or do not want your child to be present in the lesson, please do not hesitate to contact us.

Thank you for your support.


Kind regards,  
Vicky Hearson  
Deputy Head  
SENCO

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