



15th July 2022

Dear Parents/Carers,

In anticipation of the very warm weather expected next week, we have been sent some information from Public Health England to share with you. This is part of a national programme to reduce the health risks by alerting people to the dangers and encouraging them to plan what to do in the event of a heatwave.

Hot Weather and Heatwave Information

The Heatwave Plan for England aims to prepare, alert and prevent people from the preventable health impacts from severe heat in England.

<https://www.gov.uk/government/publications/heatwave-plan-for-england>

Beat the Heat- Staying Safe in Hot Weather: This document will tell you how to stay safe in hot weather, including how to keep your home cool. It tells you who is at greatest risk of ill health from the heat, how to recognise when you or someone's health may be affected, and what to do if you or someone else becomes unwell as a result of the

heat. <https://www.gov.uk/government/publications/heatwave-plan-for-england/beat-the-heat-staying-safe-in-hot-weather>

In light of this, on Monday and Tuesday we would highly recommend that children wear something lightweight and cool. Please ensure that all children have a water bottle, a hat and have sunscreen applied prior to coming to school. We will be limiting the time the children are outside and ensuring that this is for very short periods only, if at all. PE lessons will be held indoors. Children will be encouraged to drink lots of water throughout the day and given plenty of movement breaks in the classrooms. EYFS children will not have free flow to the outdoor area and forest schools will be cancelled.





Park Grove
PRIMARY ACADEMY

We anticipate that the children will be very tired next week because of the extreme heat on Monday and Tuesday. We recommend lots of sleep, water and indoor relaxing activities.

Can I also take this opportunity to remind parents that jewellery is not permitted in school. Necklaces and bracelets will be removed and kept by the teacher until the end of the day. Stud earrings only are allowed. Jewellery is a safety risk especially at playtimes.

Thank you for your support with this.

Kind Regards,

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