

**Date:** Autumn Week 2 – Parkgrove 7/11, 28/11, 2/1, 23/1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	“Meat Free Mondays”  Quorn Burger with Potato Wedges & Vegetable Sticks	Chicken & Tomato Pasta with Sweetcorn	Roast Turkey with Crispy Roast Potatoes, Carrots & Gravy	Homemade Cottage Pie with Creamy Potato Top & Green Beans	Oven Baked Fish Fingers with Chips & Baked Beans or Peas
Vegetarian Selection	Homemade Tomato & Vegetable Pasta & Vegetable Sticks	Mexican Bean Chilli with Rice & Sweetcorn	Vegetarian Toad in the Hole with Crispy Roast Potatoes, Carrots & Gravy	Macaroni Cheese with Garlic Bread & Broccoli	Pizza Roll with Chips & Baked Beans or Peas
Picnic	Freshly Prepared Filled Soft Bread Roll – (Monday - Cheese, Tuesday - Ham, Wednesday - Tuna Mayonnaise, Thursday - Cheese, Friday - Ham) with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit				
Jacket Potatoes	Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad Dessert of the Day or Fresh Fruit				
Desserts	Fruity Flapjack or Fresh Fruit or Yoghurt	Ginger Biscuit with Fruit or Fresh Fruit or Yoghurt	Jam & Coconut Sponge or Fresh Fruit or Yoghurt	Apple Sponge & Custard or Fresh Fruit or Yoghurt	Chocolate Muffins or Fresh Fruit or Yoghurt

**Available Daily:** Fresh Bread, Water, Fresh Fruit and Yoghurt