

INCLUSION NEWSLETTER

NOVEMBER 2021

Keeping
children safe
is everyone's
responsibility



SEND, SAFEGUARDING AND WELLBING

Here at Park Grove we want all our children to feel happy, safe and included. We have a dedicated team of staff who work together to support children with Special Educational Needs or who may need some additional support.

Alongside this we teach all children about wellbeing and PSHE (Personal, Social and Health Education).

We also work with a range of professionals including:

- School Wellbeing worker
- Local PCSO
- Educational Psychologist
- Speech and Language service
- Early Help Team and Social Care
- Occupational Therapists
- Specialist Teaching Team for Dyslexia and Autism
- Health professionals
- CAMHS

Together our aim is to meet the needs of all our children so they attend school, are happy and are ready to learn.

Meet the Team

Designated Safeguarding Lead: Jo Sawyer

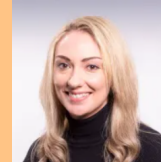


Deputies:

Natalie Fowles

Effy Ford

Vicky Hearson



SENCO: Vicky Hearson

The Pupil Support Team at Park Grove includes the Special Educational Needs and Disabilities Coordinator (SENDCO) and two Children & Family Support Workers. Together our role is to support children and parents. Mrs Fowles and Miss Ford are available to parents and children to listen to any problems or concerns and work with you to help or find answers. Whether you need someone to talk to, advice about where to find services in York or help with forms, we hope to be able to help.

WHAT IS THE ROLE OF A DSL/DDSL?

The Designated Safeguarding Lead has a crucial role in taking lead responsibility for child protection issues in school. The DSL must be a senior member of the school leadership team. A DSL/DDSL is always available during school hours for staff to discuss any safeguarding concerns. On each day there is a DSL/DDSL in school from 8.00am to 4.30pm. DSL/DDSL are trained to take on this role and that training is updated every two years with additional training and conferences in between. The DSL/DDSL has many responsibilities including working with staff and agencies involved in safeguarding children, working with parents and families, giving advice to staff, training staff, managing referrals from staff and investigating concerns passing them onto the correct body as necessary, managing the records of safeguarding and Child Protection concerns, keeping own knowledge up to date etc.



If you have any concerns about the safety and welfare of a child outside the school day, please ring the MASH (Multi Agency Safeguarding Team) on 01904 551900 or the Out of Hours Safeguarding Team 01609 780780

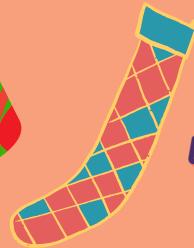
ANTI-BULLYING WEEK

14-18th November 2022

We will begin our week with Odd Socks Day on Monday 14th November, then throughout the week do lots of activities about anti-bullying. We want the children to:

- Have a clear understanding of what bullying is
- Know how to report bullying in your school
- Know that Anti-Bullying Week has the theme 'Reach Out' this year
- Understand that reaching out for help and helping others can make a positive difference in our lives

You can find out more information about Anti-Bullying at <https://anti-bullyingalliance.org.uk>



Wear your Odd Socks on Monday 14th November

TERMINOLOGY

There is a lot of acronyms and terminology used when talking about safeguarding and Inclusion so we have put together this handy guide:

- DSL - Designated Safeguarding Lead
- SENCO - Special Educational Needs Co-ordinator
- CP - Child Protection
- Early Help: "providing Early Help support as soon as a problem emerges, at any point in a child's life, from the foundation years through to the teenage years"
- TACF: Team Around a Child or Family (part of Early Help)
- PREVENT: Part of the Governments Counter Terrorism Strategy to stop people being drawn into extremism
- DBS: Disclosure & Barring DBS Service used to make safe recruitment decisions

ONLINE SAFETY

Technology is amazing and comes into all parts of life, therefore E-safety is an important part of keeping children safe. At Park Grove Primary Academy, E-Safety is taught to all students explaining and demonstrating how to stay safe and behave appropriately online.

Net Aware Website gives a useful guide to the social networks children use, keeping up-to-date with the latest popular sites/apps/and games and gives tips on how to keep children safe online. www.net-aware.org.uk



City of York have identified 7 outcomes for young people. We want all children and young people in York with Special Educational Needs and Disabilities (SEND) to be happy and live the best lives they can. Each of the 7 statements in the framework will mean different things to everyone. For a more in depth list of descriptors, visit www.yor-ok.org.uk/outcomes-framework.htm



PLEASE SEE INFORMATION BELOW FOR INFORMATION ABOUT THE RETREAT, WHICH IS A CENTRE IN YORK OFFERING SUPPORT FOR FAMILIES AND CHILDREN

Parenting Sessions



Parenting can be hard, and when you feel you don't know how best to respond to your child it can be challenging to know where to go. We all need some support and guidance at times.

At The Retreat Clinics it is possible to arrange appointments with one of our therapists online or face to face to talk about your child, without the child needing to attend themselves. We call these Parenting Consultation Sessions.

WHAT DOES A PARENT CONSULTATION SESSION INCLUDE?

Parenting Consultation Sessions provide short term, solution focused support for a specific difficulty relating to your child/children. Every family is unique, so a minimum of two sessions is required to ensure that there is enough time for the therapist to understand your specific situation and tailor any strategies to your home life.

Parents are usually the experts on their own children, and sometimes just need a little help to work out the best way forwards. Our therapists have lots of experience and ways of thinking about situations where families are stuck or struggling and perhaps have many questions about their child. In this situation the therapist also has the perspective of being slightly outside of a situation which can help. These sessions aren't about telling people how to be parents! They are an opportunity for parents and therapists to think together in a way which can help inform parents' approaches to supporting their children. They may result in the child accessing mental health support themselves, or the extra thinking space for the parents may be enough to shift things to a place which seems much more manageable.

WHY DO PARENTS SEEK CONSULTATIONS?

Typically, parents seek consultation on issues such as:

- Worries about their child's emotional wellbeing
- Supporting a child through a significant transition
- Sibling rivalry
- Behavioural challenges
- Family routines
- Concerns about specific behaviours at school
- Questions about discipline and boundaries



WHAT HAPPENS NEXT

If you would like to access the Parenting Consultation Sessions or our child therapy services, please go to www.theretreatclinics.org.uk and complete a contact form and a member of our team will be in touch with you to arrange an appointment.

At The Retreat Clinics we understand mental health, and we have a welcoming and supportive team of highly experienced therapists, counsellors, and psychologists who are here to help, and can tailor the therapy to the mental health needs of your child or young person.

Get in touch

The Retreat Clinics, Charles Court,
Northfields, York, YO32 5XP



01904 412 551



www.theretreatclinics.org.uk



york@theretreatclinics.org.uk

To sign up to the latest news,
events and service information
about our Mental Health
Services for Children and
Young People at
The Retreat Clinics -
Scan here.



Get in touch

The Retreat Clinics,
Charles Court, Northfields,
York, YO32 5XP

01904 412 551

www.theretreatclinics.org.uk
cyptsinfo@theretreatyork.org.uk