

Date: Parkgrove - Spring Week 1 – 20/2, 13/3, 17/4, 8/5

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	“Meat Free Monday” Vegetarian Pasta Bolognese with Sweetcorn	Beef Burger in a Roll with Potato Wedges & Peas	Roast Gammon & Yorkshire Pudding with Creamy Mash Potato, Carrots, Cauliflower & Gravy	Chicken Korma with Rice & Broccoli	Fish Fingers with Chips & Baked Beans or Peas
Vegetarian Selection	Cheese & Tomato Quiche with New Potatoes & Sweetcorn	Pizza Pinwheels with Potato Wedges & Peas	Roast Quorn with Creamy Mash Potato, Carrots, Cauliflower & Gravy	Tomato & Basil Pasta with Garlic Bread & Broccoli	Quorn Vegan Dippers with Chips & Baked Beans or Peas
Picnic	Freshly Prepared Sandwich or Bread Roll (Monday - Cheese, Tuesday - Ham, Wednesday - Tuna Mayonnaise, Thursday - Cheese, Friday - Ham) with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit				
Jacket Potatoes	Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad Dessert of the Day or Fresh Fruit				
Desserts	Flapjack or Fresh Fruit or Yoghurt	Banana cake or Fresh Fruit or Yoghurt	Fruit In Jelly or Fresh Fruit or Yoghurt	Chocolate & orange biscuits or Fresh Fruit or Yoghurt	Fruit & Ice cream or Fresh Fruit or Yoghurt

Available Daily: Fresh Bread, Water, Fresh Fruit and Yoghurt