

Date: Parkgrove - Week 3 – 6/3, 27/3, 1/5, 22/5, 16/6, 10/7.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Event	“Meat Free Mondays” Margarita Pizza with Herby Diced Potatoes & Vegetable Sticks	Nacho Chicken with Rice & Broccoli	Roast Turkey & Yorkshire Pudding with, Mash Potatoes, Carrots, Cauliflower & Gravy	Tomato & Ham Pasta with Sweetcorn	Crispy Battered Fish with Chips & Peas or Baked Beans
Vegetarian Selection	Quorn & Rainbow Vegetable Stir-fry with Rice & Vegetable Sticks	Creamy Tomato Pasta with Broccoli	Vegetable Cobbler with Mash Potatoes, Carrots & Cauliflower	Vegan Sausage Roll with New Potatoes & Sweetcorn	Cheese & Bean Bake with Chips & Peas
Picnic	Freshly Prepared Sandwich or Bread Roll (Monday - Cheese, Tuesday - Ham, Wednesday - Tuna Mayonnaise, Thursday - Cheese, Friday - Ham) with Mixed Salad, Healthy Snack, Dessert of the Day or Fresh Fruit				
Jacket Potatoes	Crispy Baked Jacket Potato with a Choice of Fillings, Mixed Salad Dessert of the Day or Fresh Fruit				
Desserts	Lemon Muffin or Fresh Fruit or Yoghurt	Chocolate Crunch or Fresh Fruit or Yoghurt	Fruit in Jelly or Fresh Fruit or Yoghurt	Apple Sponge & Custard or Fresh Fruit or Yoghurt	Shortbread or Fresh Fruit or Yoghurt

Available Daily: Fresh Bread, Water, Fresh Fruit and Yoghurt