



Park Grove
PRIMARY ACADEMY

26th April 2024

Dear Parents of children in Year 6,

We are very excited that the Trip to High Adventure is taking place in July! We will spend time in school talking to the children and preparing them as we understand many get nervous about being away from home yet are excited about all the activities they will be doing.

Please could we ask that the medical and additional information form is completed by Friday 17th May.

<https://forms.gle/wa2xpo55qiVZGGga9>

If your child needs medication (including travel sickness), these will be handed to a member of staff on the morning and a separate form filled in at that time. We understand many children are nervous and may not have been away from home. We will take good care of them and if you wish to speak to us beforehand about any worries please get in touch with myself or Miss Drake.

The staff on the trip this year will be Mr Rogers, Miss Drake, Miss Birch and Mrs Old

The children will need a lot of changes of outdoor clothing as the activities can involve getting wet. Light clothing is best as it dries quickly (jeans will not be allowed for activities as they are restrictive and very heavy when wet). Sturdy trainers or walking boots are good for walking and old trainers/plimsolls are fine for water activities. There is no need to bring waterproofs or wellies as the centre provides these and we recommend they use them. Please see the kit list below.

There is a tuck shop on site. We recommend £5-10 spending money, which they need to bring in a recognisable purse; we keep these safe for them and hand them out during the tuck shop session. Please do not allow your child to bring sweets from home as we need to monitor this closely and not let them get full of sugar! We also ask that no phones or electronic devices are brought on the trip.

Further information about High Adventure can be found on their website

<http://highadventureoec.co.uk/>

The address and phone number are: High Adventure Outdoor Education Centre 233 Keighley Road, Cowling, North Yorkshire, BD22 0AA Tel: 01535 630044

Thank you for your support,

Ben Rogers
Year 6 Teacher/ Phase Leader
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KIT LIST

Please label or initial everything – it is surprising what they don't recognise once in a drying room with 30 other sets of clothing! (Initials with a sharpie on a label works well)

Outdoor clothing

Socks – 6 pairs as some activities need 2 pairs which both get wet!)

Underwear – 5 pairs

Light trousers (tracksuit/jogger, not jeans for outdoors) x 3

T shirts x 3

Sweatshirts/jumpers x 2

1 pairs of outdoor shoes for walking/climbing

1 pair of old trainers for water sports

Gloves and hat

Waterproofs and wellies are provided by the centre

Rucksack – large enough to carry a spare set of clothes/towel and packed lunch

Reusable drinks bottle

Large Tupperware box for packed lunch

Indoor clothing

Indoor footwear not to be worn outdoors

Comfortable indoor clothes for evenings

Pyjamas/nightwear

Other items

2 towels

Bin bags / carrier bags for wet clothes

Toiletry bag – shampoo, soap, toothpaste & brush

Torch and batteries (optional)

Cuddly toy

Packed lunch for day of arrival

£5 - £10 pocket money in mixed change (tuck shop sells sweets and small souvenirs such as teddies, drinks bottles or bandanas)

Medication (clearly labelled), must be handed to a member of Park Grove staff before leaving school.

No mobile phones/electronic games please.

Please do not send sweets with your child. There is a tuckshop on site.