



Park Grove
PRIMARY ACADEMY

HIGH ADVENTURE 8th - 10th July 2024

Dear Parents/Carers,

We are all very excited to be off to High Adventure on Monday!

Here are a few reminders:

Clothing: The children will need a lot of changes of outdoor clothing as the activities can involve getting wet. Light clothing is best as it dries quickly (jeans will not be allowed for activities as they are restrictive and very heavy when wet). Trainers are good for walking and old trainers/plimsolls are fine for water activities. There is no need to bring waterproofs or wellies as the centre provides these. It is very useful if everything is named as many items end up in the drying room and can be difficult to identify – it is surprising how many children forget what their towel looks like! (see 'Kit List' below).

Medicine: We have everyone's medical forms now, but if your child needs personal medication e.g. an inhaler, travel sickness tablets or prescribed medication, please hand these to Mrs Old when you arrive at school on Monday 8th July at 8:30 am so they can be kept safe.

All medicines must be named and we need a dosage form filling in and signed when they are handed in.

Phones: Children **must not** bring phones or electronic games. In the past, children often brought a reading or puzzle book, and a notebook to keep a daily diary. We send lots of photos and updates via Bloomz so you can see what they are all up to.

Pocket money: There is a small snack/gift shop. We ask that children bring around £5- £10. Please bring money in a **named purse or wallet**. We will collect these in and then issue each night at tuck shop time. Please do not allow your child to bring sweets from home.

The children will need to bring a packed lunch for the first day in a reusable box.

Please send this in a large rucksack which is big enough to hold a change of clothes, a towel and lunch each day. The children will also need a named reusable drinks bottle.

Film night: On the second evening we will have a film night which will be suitable for the children - either U or PG.

We will be setting off mid morning, at approximately 10:15am from Huntington Road on Monday 8th July and will return on Wednesday afternoon – usually around 2.45pm/3pm, depending on traffic. The bus drops us on Huntington Road at the bottom of Park Grove if you wish to meet us off the bus.

Children should come to school at normal time on Monday 8th and should come to the main hall to drop off their cases before going to class.

The staff attending will be myself, Laura Drake, Grace Birch and Helen Old.
Any questions please do not hesitate to ask myself or any of the team.

Yours sincerely,

Ben Rogers
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KIT LIST

Please label or initial everything – it is surprising what they don't recognise once in a drying room with 30 other sets of clothing! (Initials with a sharpie on a label works well)

Outdoor clothing

Socks – 6 pairs as some activities need 2 pairs which both get wet!

Underwear – 5 pairs

Light trousers (tracksuit/jogger, not jeans for outdoors) x 3

T shirts x 3

Sweatshirts/jumpers x 2

1 pairs of outdoor shoes for walking/climbing

1 pair of old trainers for water sports

Gloves and hat

Waterproofs and wellies are provided by the centre

Rucksack – large enough to carry a spare set of clothes/towel and packed lunch.

Reusable drinks bottle

Large Tupperware box for packed lunch

Indoor clothing

Indoor footwear not to be worn outdoors

Comfortable indoor clothes for evenings

Pyjamas/nightwear

Other items

2 towels

Bin bags / carrier bags for wet clothes

Toiletry bag – shampoo, soap, toothpaste & brush

Torch and batteries (optional)

Cuddly toy

Packed lunch for day of arrival

£5 - £10 pocket money in mixed change (tuck shop sells sweets and small souvenirs such as teddies, drinks bottles or bandanas)