

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Rainbow Vegetable Stir Fry Noodles



Cheese & Bean Lasagne



Vegan Lentil & Stuffing Pastry Roll



Vegetable Bolognese with Penne Pasta



Vegan Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon with Roast Potatoes & Gravy

Chicken in a Katsu Curry Sauce & Rice



Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Cheese

Egg Cheese

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Peach & Pineapple Crumble



Apple & Cocoa Sponge



Lemon Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 26th Jan
| 16th Feb | 9th Mar | 30th Mar | 20th Apr

THE FOOD EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie &
Gravy



Baked Mac 'n'
Cheese



Tex-Mex Vegetable
Fajita Wrap



Salmon Pasta
Bake



Pork & Beef Sausage,
Mashed Potatoes & Gravy

Roast Turkey with Roast
Potatoes & Gravy

Creamy Chicken Curry,
Carrot Rice



Fish &
Chips

Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



Tuna Mayo
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Cheese

Egg
Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup 	Vegan Bolognaise Ragu Penne Pasta 	Roast Quorn Fillet with Roast Potatoes & Gravy 	Baked Mac 'n' Cheese 	Vegan Sausage Roll & Chips 
OPTION 2	Margherita Pizza & Wedges 	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes & Gravy	Fish Fingers & Chips
VEGGIES 	Peas 	Sweetcorn 	Broccoli 	Carrots 	Beans 
FILLED ROLLS 	Ham Cheese	Chicken Egg	Ham Cheese	Tuna Mayo Cheese	Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Vanilla Shortbread 	Mixed Berry & Apple Crumble with Custard  	Apple Strudel & Custard 	Gingerbread Squares with Custard 	Garden Brownie  
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

