

# INCLUSION NEWSLETTER

DECEMBER 2025

SEND, SAFEGUARDING AND WELLBING

Keeping  
children safe  
is everyone's  
responsibility



## Our new Inclusion Team

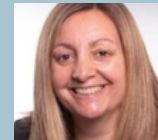
At October half term we sadly said goodbye to the wonderful Mrs Fowles. She had been a valued member of the Pupil Support Team for a number of years and we know she had a big impact on many of our families in school.

When Mrs Fowles left we decided to redevelop our Pupil Support Team into our new Inclusion Team, which now includes the fantastic Mrs Pugh, who has been with us at Park Grove for a long time and began supporting our children with SEN last year.

The Inclusion Team is responsible for supporting children and families with pastoral, wellbeing, safeguarding and learning needs.



Natalie Martin: SENCO and DDSL



Jo Sawyer: Designated Safeguarding Lead



Effy Ford - DDSL



Jennifer Harbertson



Shirelle Pugh: DDSL

## SEND at Park Grove

Every teacher is a teacher of SEND and we have an excellent staff team who work together to support children with Special Educational Needs or who may need some additional support.

Early identification of a child that may need additional help or support in school is very important to us.

Initially any concerns would be discussed with the SENCO (Mrs Martin) and if appropriate a child would be placed on a 'Watch List', at this point we would discuss the strategies that have already been used and what else might be put in place.

If, as a team, and in consultation with parents, we identify there is a need, then the child would be added to our school register and given a personal plan (Pupil Passport) detailing how they learn best. A pupil voice would be gathered from the child as we know it is vital for them to be heard and have a say in what works for them.



# SUPPORTING MENTAL HEALTH OVER THE CHRISTMAS HOLIDAYS



THE CHRISTMAS HOLIDAYS ARE A WONDERFUL TIME FOR FAMILY, BUT THE BREAK FROM ROUTINE, EXCITEMENT, AND NEW EXPERIENCES CAN SOMETIMES FEEL OVERWHELMING FOR CHILDREN.

WE ENCOURAGE ALL FAMILIES TO TAKE A LITTLE TIME TO PRIORITISE MENTAL WELL-BEING ALONGSIDE THE FESTIVE FUN. SIMPLE THINGS LIKE ENSURING REGULAR SLEEP AND MEALTIMES, TAKING BREAKS FROM SCREENS, AND CREATING A DESIGNATED 'QUIET CORNER' CAN MAKE A HUGE DIFFERENCE.

DON'T WORRY ABOUT HAVING A 'PERFECT' HOLIDAY; REMEMBER TO TAKE TIME TO JUST BE TOGETHER, LISTEN TO YOUR CHILD'S FEELINGS, AND LET THEM KNOW IT'S OKAY TO FEEL CALM, HAPPY, OR EVEN A LITTLE BIT OVER-EXCITED OR TIRED. CHECKING IN WITH YOUR CHILD ABOUT HOW THEY'RE FEELING EACH DAY IS THE GREATEST GIFT YOU CAN GIVE THEIR EMOTIONAL HEALTH.



## THERAPY SERVICES



At Park Grove we work closely with external agencies when identifying needs and offering support. York and Scarborough offer a range of training opportunities to parents and staff across York, Scarborough, Whitby, and the Ryedale area.

These evidence-based sessions have been developed by specialist speech and language therapists with a wealth of experience and knowledge across a range of clinical areas, aiming to balance the theory behind our approaches with practical support strategies.

Workshops included are; supporting communication, speech sounds, picky/avoidant/restrictive eaters and stammers.

If you would like to book a place please follow the link below:

<https://www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/therapy-services/speech-and-language-therapy/training/>



City of York have identified 7 outcomes for young people. We want all children and young people in York with Special Educational Needs and Disabilities (SEND) to be happy and live the best lives they can. Each of the 7 statements in the framework will mean different things to everyone. For a more in depth list of descriptors, visit [www.yor-ok.org.uk/outcomes-framework.htm](http://www.yor-ok.org.uk/outcomes-framework.htm)

