



28th January 2026

Dear Parents/Carers,

This half term Reception have been learning about healthy eating for their Early Years Enquiry. We are aiming to make a healthy lunch box that the children can then share with you.

As part of our learning we will be going on a local area walk to explore the food options that are on offer. Please log on to your Arbor account to give consent for this trip.

The trip will take part on **Monday 9th February** at **9.15-11.45** (at the latest).

We will be in need of a number of parent helpers for this walk to go ahead. If you are able to help out please let us know. We ideally need people who have a school DBS check but if you do not, and you wish to help please let us know and we can put you forward to apply for one.

Please do let us know as soon as possible if you are able to help.

Many thanks,

Mrs Hall and Mrs Bell

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