



24th June 2026

Dear Year 6 Parents and Carers,

I am writing to remind you about our exciting trip to High Adventure on **Wednesday 8th July 2026** to **Friday 10th July 2026**. Please ensure that your child arrives at school at the usual time so we can depart promptly (the coach will depart at 10:00am from Huntington Road, but all children need to arrive at the usual time).

As this is an overnight and adventurous trip, it is essential that your child brings their medicines, clearly labelled and stored in a bag (these will have been already included on the form sent previously). Please also ensure that you have also completed the paper medicine forms (collected from the school office) prior to dropping off any medication.

The children are welcome to bring £5-10 in spending money, which also should be placed in a labelled wallet or purse to keep it safe. There will be a tuck shop each evening.

The children will need to bring a packed lunch for the first day, as we will arrive just after lunchtime. If your child is entitled to a free school lunch and you would like to order a grab bag from school, please complete the following form by **Friday 3rd July**. <https://forms.gle/kY35StGnj6QQofQR8>

The activities that we will complete are canoeing, a local adventure walk, high ropes, a zip line, a labyrinth, archery, camp fire/circus skills, and abseiling. Please note that these activities will be led by trained professionals at High Adventure. Furthermore, the children will be supervised by Park Grove staff during the overnight stay. Please see a link to the High Adventure website, which includes specific information regarding activities and other important information (<https://www.highadventure.co.uk/>).

Please note that the itinerary has been changed slightly since the consent form to include a campfire and circus skills on the first evening. If you have any questions or queries about this activity, please do not hesitate to contact me.

Please see an attached itinerary for the three days for your information. Please also find attached a kit list to help you prepare for the various adventurous activities planned.

Thank you for your continued support.

Mr Rogers

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Park Grove, York YO31 8LG | Headteacher: Jo Sawyer | Executive Headteacher and Hub Lead: Gail Brown

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Itinerary:

Wednesday 08-Jul-26		Minibus	Group	Thursday 09-Jul-26		Minibus	Group	Friday 10-Jul-26		Minibus
Breakfast & Lunch making 8:00 to 8:40 Group morning meeting each day at 9:15 (watersports groups 9:00) Before starting activities the group will do a clean up of areas used and a room check.										
Morning				A	Canoe-Rafts	1	A	Local Adventure Walk		
				Staff	SC	Staff	SC			
				B	Canoe-Rafts	2	B	Local Adventure Walk		
				Staff	HM	Staff	DT			
				C	Canoe-Rafts	3	C	Local Adventure Walk		
				Staff	MB	Staff	PB			
Lunch 12:30 - 13:30 (watersports groups meet at 13:15)										
Afternoon	A	Labyrinth / Abseil / Archery		A	High Ropes & Zip					
	Staff	SC	Staff	SC						
	B	Abseil / Archery / Labyrinth		B	High Ropes & Zip					
	Staff	DT	Staff	DT						
	C	Archery / Labyrinth / Abseil		C	High Ropes & Zip					
		PB		Staff	PB					
Activities finish by 16:45										
Evening Meal: 17:30										
Evening	A	Campfire & Circus Skills - SC/PB			A	Own Thing (MUGA booked) - DT				
	B				B					
	C				C					
Evening activities run from 18:30 through to approximately 20:00										



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Kit List:



Kit List



This list represents the minimum kit required for a residential week at High Adventure. The only adjustments you may need to make, is to bring less for a shorter stay.



- 2/3 T-shirts
- 2/3 Sweatshirts/hoodies
- 2/3 Trousers - Tracksuit bottoms or similar (NO JEANS)
- Socks & underwear (bring plenty)
- Warm jacket
- 2 x Large towels
- Pyjamas/similar
- Indoor footwear – trainers
- Comfortable indoor clothes
- Waterproofs (see note below *)
- Toiletry bag – Shampoo, soap, toothpaste & brush
- 2 pairs of outdoor footwear (that will get wet/dirty)
- Re-useable drinks bottle
- Lunch box - To take lunch with you on activities
- Medication (clearly labelled)
- Small rucksack/day bag
- Gloves & hat – for the cold weather
- Sun cream – for the hot days!
- Bin bags/carrier bags for wet clothes



Waterproofs can also be provided by High Adventure so don't worry if you don't have any

You will also need a packed lunch for day that you arrive.

If you are coming on a GCSE trip, in addition to the list above you may also want to bring:

- GCSE Cycling – Padded shorts & gloves are recommended.
- GCSE Rock climbing – Rock climbing boots/harness/helmet if you have your own.

Additional Notes:

You could get wet each day if the weather is poor! We recommend you bring plenty of clothes to get changed into.

This list is for High Adventure main site, there is a separate kit list for tent village groups.



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