

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal

OPTION
1



OPTION
2

Veggies



Filled
Rolls



Sweet
Treats



Margherita pizza
& oven baked wedges



Mixed bean bolognaise
with penne pasta



Vegetable sausages with
roast potatoes & gravy



Pea-powered vegetable
stir fry with carrot rice



Vegetable nuggets, chips
& tomato ketchup



Pepperoni pizza
& oven baked wedges

Beef & lentil bolognaise
with penne pasta



Roast gammon with
roast potatoes & gravy

Creamy coconut chicken
& chickpea curry with
carrot rice



Fish fingers, chips
& tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Lemon shortbread biscuit



Chocolate & banana
brownie sponge



Apple strudel & custard



Baked apple & cinnamon
sponge



Chocolate shortbread



Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice

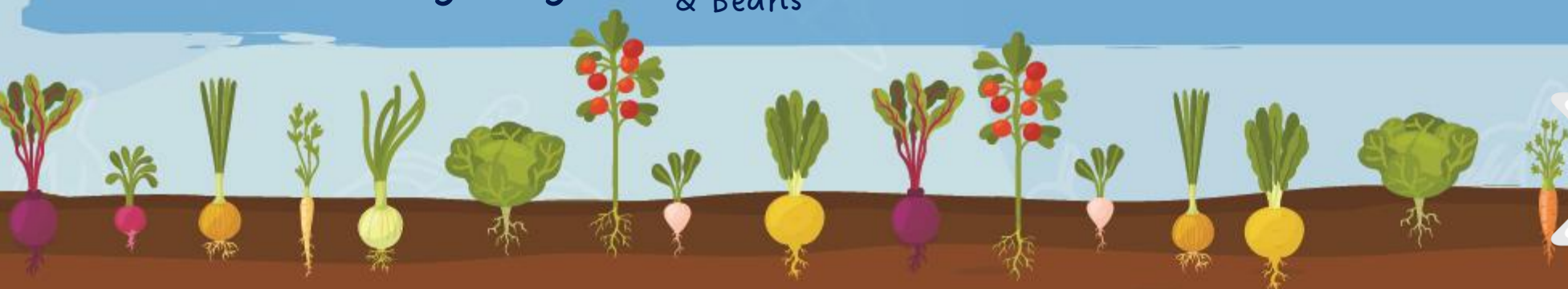


Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Veggie all day breakfast	Quorn dippers, chips & tomato ketchup
	Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Veggies	Broccoli	Peas	Carrots & cauliflower	Baked beans	Peas
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Traditional flapjack	Oaty apple crumble & custard	Chocolate mousse	Carrot cake with orange glaze	Chocolate fruit crispie cake

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



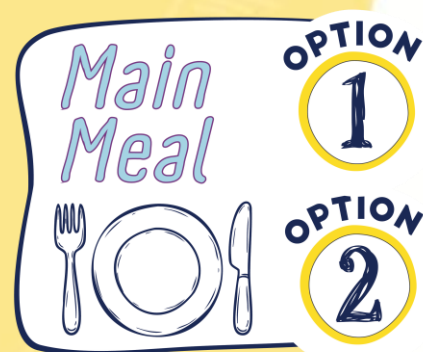
KEY

Wholegrain

Vegetarian

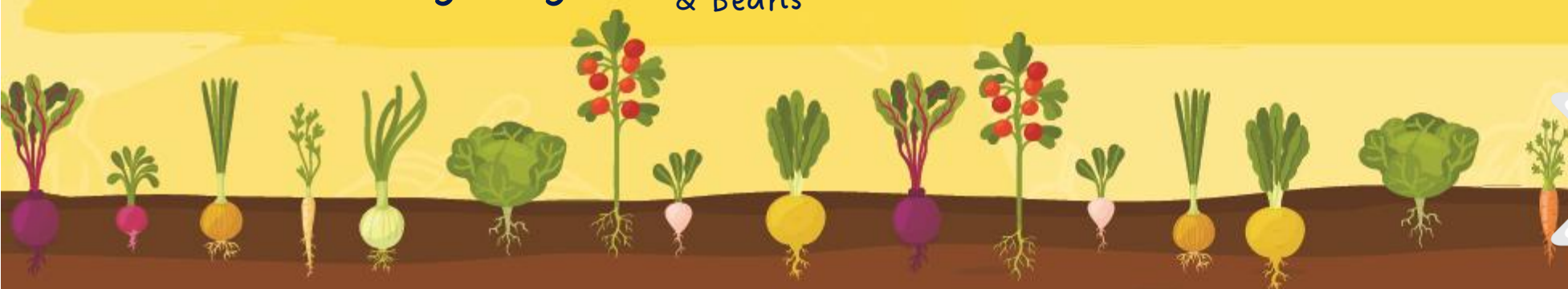
Nutritionist's Choice

Vegan



Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Pea-powered cottage pie with gravy 	Baked creamy mac 'n' cheese 	Vegan sausage roll, chips & tomato ketchup 
Mild beef & lentil chilli con carne with rice 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked beans 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Chocolate shortbread 	Apple & summer berry crumble with custard 	Lemon sponge & custard 	Garden brownie 	Strawberry mousse

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY Wholegrain  Vegetarian 
Nutritionist's Choice  Vegan 